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SENIOR CENTER MONTHLY REPORT

To: Supervisor Cardone, Town Board

From: Ann Marie Morris

Re: June Activity Report

Date: June 1-30, 2018

During the Jolly Senior's meeting of June 14th, Sue Nichols, a representative from the Office of Aging, discussed "Summer Safety and Lyme Disease". Blood pressure screening also took place on June 14th with 18 seniors taking advantage of this free monitoring service. At the July 28th meeting, the topic was "Staying Healthy & Independent". The speaker discussed and passed out informational sheets with helpful tools & hints.

The Young at Heart group met twice in June and continue to plan their trips for later in the year.

On June 21st the seniors took a day trip to Museum Village along with a BBQ lunch. Dial a Bus transported some to the event, the rest drove on their own. The Director of the Woodbury Senior Center and I thought it would be great way for the seniors from each center to get to know each other. The day began at 10am with a light breakfast followed by a tour of the exhibits until a noon BBQ. Many thanks to Tony Cardone and Sal Scancarello, Jr for manning the grill and making delicious hamburgers and hotdogs for everyone!! During the rest of the afternoon both groups played BINGO together.

During July and part of August, the Friday Aerobics class with be on hiatus. I am looking for a substitute to cover the class. A couple of exercise classes has had substitute instructors to cover during vacations which helps to keep continuity to our program and schedule during the summer months. Classes and club meetings were very well-attended during the month.

Ann Marie